Text set: Women and the Environment

### Summary

This text set looks at ways in which women shape the environment globally across history and in the present. There is a focus on hearing from women that tell their own stories and examining art, agriculture and food.

## **Guiding Questions**

What agricultural practices did women use in the past?

What are sustainable agriculture practices women use now?

What is your relationship with water? What is your relationship with land?

How are women in different regions affecting their environment? What are similarities and differences?

#### Nonfiction

- 1. Songs My Mother Sang to Me: An Oral History of Mexican-American Women by Patricia Preciado Martin
  - a. This is a written account of interviews conducted on ten women recalling the triumphs and tragedies, joys and sorrows, of a bygone era in southern Arizona.
- 2. Arizona: A History by Thomas E. Sheridan
  - a. This is a history of Arizona, focused on the hidden history not usually found in textbooks.
- 3. From I'itoi's Garden: Tohono O'odham Food Traditions by Tohono O'odham Community Action with Mary Paganelli Votto and Frances Manuel
  - a. Captures the rich food traditions of the O'odham. It includes step-by-step directions on how to grow traditional crops and harvest wild foods; nutritional information; songs, legends, and personal reflections; and traditional and contemporary recipes. Written with the participation of respected elders and community members and provides a resource for the Tohono O'odham community and all people interested in Native foodways.
- 4. Sharing a Desert Home: Life on the Colorado River Indian Reservation by Ruth Okimoto
  - a. Ruth Okimoto, PhD, former Poston 3 internee, received a grant from the California Civil Liberties Public Education Program (CCLPEP) and in her research, uncovered documents about the formation of the Poston Relocation Center, and the relationship between the Office of Indian Affairs and the War Relocation Authority.

### **Novels**

- 5. Island of the Blue Dolphins: The Complete Reader's Edition by Scott O'Dell
  - a. Includes the article, "A Counterstory of Native American Persistence" by Carole Goldberg and Ionathan D. Varat
  - b. A version of the story of the lone woman found living alone on and island; includes an exploration of the vanishing Indian trope.
- 6. Weedflower by Cynthia Kadohata
  - a. Sumiko is a 12-year old (6th grade) girl who is forced to evacuate to the Poston Internment camp in the desert of Arizona following the bombing of Pearl harbor.

#### **Archives**

- 7. Arizona Women archive search
  - a. Link: <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19">https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19">https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/?state=Arizona&date1=1777&date2=19</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/">https://chroniclingamerica.loc.gov/search/pages/results/</a> <a href="https://chroniclingamerica.loc.gov/search/pages/results/">https://chroniclingamerica.loc.gov
  - b. Explores archives focused on women on farms and several articles from past newspapers.

#### Articles

- 8. 3 Great Podcasts About Climate Change, All Hosted by Women
  - a. Link: <a href="https://www.chatelaine.com/living/environment-podcasts-2020/">https://www.chatelaine.com/living/environment-podcasts-2020/</a>
  - b. Discusses three podcasts about climate change and what episodes are good jumping in points.

#### Art

- 9. People and the Environment
  - a. Link: <a href="https://www.nga.gov/education/teachers/lessons-activities/uncovering-america/people-environment.html">https://www.nga.gov/education/teachers/lessons-activities/uncovering-america/people-environment.html</a>
  - b. Series of art prompt discussion on how we relate to the land

#### Videos

- 10. Arise: Women Protecting the Environment
  - a. Link: <a href="https://www.pbs.org/video/arise-women-protecting-the-environment-kncwhv/">https://www.pbs.org/video/arise-women-protecting-the-environment-kncwhv/</a>
  - b. 26:35 minutes
  - c. A look at the award winning film Arise! which documents the intellectual and spiritual insights that women from around the world bring to solving today's environmental challenges.
- 11. Indigenous Women: Earth Defenders Speak Out from the Front Lines of Climate Change
  - a. Link: <a href="https://www.youtube.com/watch?v=GpBfJLqo20E">https://www.youtube.com/watch?v=GpBfJLqo20E</a>
  - b. 7:46 minutes
  - c. We hear from a panel of indigenous women from around the world who met off-site Monday to share their solutions to climate change. The event, hosted by the Women's Earth and Climate Action Network, featured indigenous women leaders on the front lines of defending the Earth from exploitation by fossil fuel companies. Speakers included Patricia Gualinga, a Kichwa leader from Sarayaku, Ecuador, and her niece, Nina Gualinga. In 2012, the Sarayaku won a case against the Ecuadorean government after a foreign oil company was permitted to encroach on their land.
- 12. Vandana Shiva & Jane Goodall on Serving the Earth & How Women Can Address Climate Crisis (1 of 2)
  - a. Link: https://www.youtube.com/watch?v=zfx 5v9LbGY
  - b. 12 minutes
  - c. At the recent International Women's Earth and Climate Initiative Summit, Jane Goodall and Vandana Shiva discuss their decades of work devoted to protecting nature and saving future generations from the dangers of climate change.
- 13. Vandana Shiva & Jane Goodall on Serving the Earth & How Women Can Address Climate Crisis (2 of 2)
  - a. Link: https://www.youtube.com/watch?v=YqEi5k7FLqM
  - b. 12 minutes
  - c. At the recent International Women's Earth and Climate Initiative Summit, Jane Goodall and Vandana Shiva discuss their decades of work devoted to protecting nature and saving future generations from the dangers of climate change. A renowned primatologist, Goodall is best known for her groundbreaking work with chimpanzees and baboons. An environmental leader, feminist and thinker, Shiva is the author of many books, including "Making Peace with the Earth: Beyond Resource, Land and Food Wars" and "Earth Democracy: Justice, Sustainability, and Peace."

### **Podcasts**

- 14. Food Sovereignty: A Growing Movement
  - a. Link: <a href="https://www.allmyrelationspodcast.com/podcast/episode/32c173eb/food-sovereignty-a-growing-movement">https://www.allmyrelationspodcast.com/podcast/episode/32c173eb/food-sovereignty-a-growing-movement</a>
  - b. 43 minutes
  - c. Valerie Segrest discusses the definition of food sovereignty; learn how breastfeeding supports the food sovereignty movement; and learn how all of us, even if it is just in tiny ways, can become food sovereignty activists.

### 15. Healing the Land is Healing Ourselves

- a. Link: <a href="https://www.allmyrelationspodcast.com/podcast/episode/4bb3fff4/healing-the-land-is-healing-ourselves">https://www.allmyrelationspodcast.com/podcast/episode/4bb3fff4/healing-the-land-is-healing-ourselves</a>
- b. 1 hour, 13 minutes
- c. A discussion with community organizer, citizen scientist, activist, water protector, entrepreneur, writer, gardener, and all around incredible Diné woman, Kim Smith. We talk with Kim about her work, aiming to understand how violence on the land is violence on our bodies, and that the inverse can also be true—healing the land is healing ourselves. Kim tells us about her 1200+ mile journey with Nihígaal Bee Lina (Journey For Existence) which walked to all of the sacred mountains of her people. She also discusses her work healing land in her home town of St. Michaels, Arizona and her long-term citizen science project to collect data from Navajo people about the impact of extractive energy plants in their homelands, and so much more.

# 16. For the Love of the Mauna (3 parts)

- a. Part I link: <a href="https://www.allmyrelationspodcast.com/podcast/episode/4bab2c15/for-the-love-of-the-mauna-part-1">https://www.allmyrelationspodcast.com/podcast/episode/4bab2c15/for-the-love-of-the-mauna-part-1</a>
  - i. 46 minutes
  - ii. This first episode gives us the background and story of the beginning of the TMT fight and the cultural foundations of Mauna Kea.
- b. Part II link: <a href="https://www.allmyrelationspodcast.com/podcast/episode/4a1ebef9/for-the-love-of-the-mauna-part-2">https://www.allmyrelationspodcast.com/podcast/episode/4a1ebef9/for-the-love-of-the-mauna-part-2</a>
  - i. 49 minutes
  - ii. This segment focuses on the resistance camp at Pu'u huluhulu which was established during the summer of 2019 on the Mauna. This ended up garnering attention because it was the largest mobilization of law enforcement in the history of Hawaii to fight those trying to stop the massive destructive construction project in the middle of conservation land. We highlight the kupuna line, the complex relationship with the police, the role of the University of Hawaii, and Native peoples' relationship with science.
- c. Part III link: <a href="https://www.allmyrelationspodcast.com/podcast/episode/4aecf67b/hawaiian-resistance-tourism-and-abolition-for-the-love-of-the-mauna-part-3">https://www.allmyrelationspodcast.com/podcast/episode/4aecf67b/hawaiian-resistance-tourism-and-abolition-for-the-love-of-the-mauna-part-3</a>
  - i. 51 minutes
  - ii. On this episode we hear again from the incredible Jamaica Osorio, activist, educator, and cultural practitioner; and Dr. Auntie Noe Noe Wong-Wilson, scholar, poet, and activist. They discuss the lessons and revelations from time on the Mauna and pathways forward to honor relationships and empower future generations.

### 17. How Women Built the Environmental Movement

- a. Link: <a href="https://www.ladyscience.com/podcast/how-women-built-the-environmental-movement">https://www.ladyscience.com/podcast/how-women-built-the-environmental-movement</a>
- b. 1 hour
- c. In this episode, the hosts talk about the long history of women advocating for nature and wildlife conservation, and how these early women paved the way for our current environmental justice movements. Dr. Tina Sikka joins in to talk about feminist science as a remedy for anthropogenic climate change.

# 18. Climate Change is a Feminist Issue

- a. Link: <a href="https://www.aspeninstitute.org/podcasts/climate-change-feminism/">https://www.aspeninstitute.org/podcasts/climate-change-feminism/</a>
- b. 39 minutes
- c. As fossil fuels, natural disasters, the role of science, and the Environmental Protection Agency fill the news, Mary Robinson, former president of Ireland, and Rachel Kyte, CEO of Sustainable Energy for All, discuss why climate change is at the heart of the women's movement and women's rights. Peggy Clark, vice president of policy programs at the Aspen Institute and leader in the global women's movement, hosts this thought-provoking conversation.

# 19. Against the Grain by Mothers of Invention

a. Link: <a href="https://www.youtube.com/watch?v=gcELm-ZYUoY">https://www.youtube.com/watch?v=gcELm-ZYUoY</a>

- b. 36 minutes
- c. This episode serves up an all-you-can-eat investigation into food and its connection to climate. We meet Mothers of Invention in India, Nigeria and the US who are revolutionizing the way we understand, protect, grow, and cook food around the world.

# Field Trips (Could be virtual)

- 20. Island of the Blue Dolphins National Park Services Virtual Tour of Islands
  - a. Link: <a href="https://www.nps.gov/subjects/islandofthebluedolphins/explore.htm">https://www.nps.gov/subjects/islandofthebluedolphins/explore.htm</a>
  - b. Explores the islands and the fauna of the Channel Islands.
- 21. Murals of Tucson: Cultural Legacy through Contemporary Street Art
  - a. Link: <a href="https://www.tucsonaz.gov/muralmap/">https://www.tucsonaz.gov/muralmap/</a>
  - b. Tour murals in Tucson and shows images in relation to a map of Tucson.
- 22. Tucson Botanical Gardens Audio Tour
  - a. Link: <a href="https://tucsonbotanical.org/tours/">https://tucsonbotanical.org/tours/</a>
  - b. Tucson Botanical Gardens is pleased to offer audio tours to help visitors explore our garden spaces. You can access the tours on your own smart phone or other mobile device. Relax and listen as these virtual tour guides take you back in time and across cultures to explore the many connections between plants, people and water.

# Children's Books (Donated by Make Way for Books)

- 23. All Around Us by Xelena González and illustrated by Adriana M. Garcia
  - a. Focus on circles, earth, life and family with indigenous influences.
- 24. Just a Minute: A Trickster Tale and Counting Book by Yuyi Morales
  - a. A counting book with a grandmother as a trickster.
- 25. Maybe Something Beautiful: How Art Transformed a Neighborhood by F. Isabel Campoy and Theresa Howell and illustrated by Rafael López
  - a. Based on Rafael and Candice López and the Urban Art Trail in San Diego's East Village
  - b. Connection to street art.
- 26. The Cazuela that the Farm Maiden Stirred by Samantha R. Vamos and illustrated by Rafael López
  - a. 'tribute to the nursery rhyme "The House that Jack Built"... a bilingual celebration of community and food'
  - b. Includes Arroz con Leche (Rice Pudding) recipe