A historical map of Mexico, titled 'MAPA de los ESTADOS UNIDOS DE MEXICO', published in New York in 1827. The map shows the geographical outline of Mexico with various regions and cities labeled. Overlaid on the map is the text 'FOOD VOICES--' in a large, bold, black, italicized font, and 'CONNECTING CULTURES' in a larger, bold, black, italicized font. Below the main title, there is a smaller line of text: 'Segun la organizacion y disposicion de las comarcas segun el sistema de latitud, longitud y rumbo por las regiones subterraneeas'. At the bottom left, there are two tables: 'TABLA DE BARRANCOAS' and 'TABLA BOTANICA'. At the bottom center, there is a small inset map titled 'CARTA DE LOS CAMINOS DE TIERRA NUEVA Y ANTIQUO A MEXICO'.

FOOD VOICES-- CONNECTING CULTURES

Pahola Paugh & Carissa Delgado

HIGH SCHOOL TEXTS

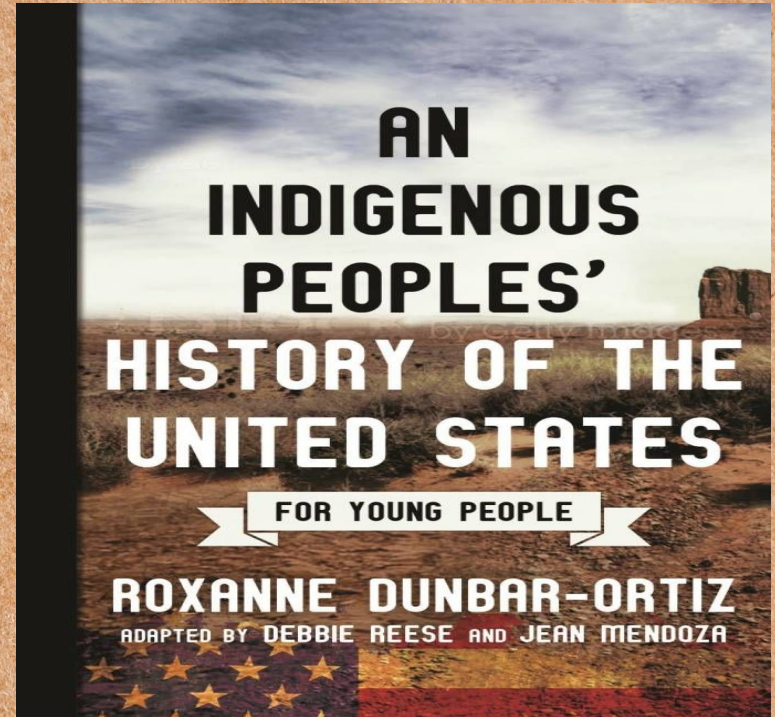
OUR SACRED MAIZ TO OUR MOTHER

Roberto Cintli Rodriguez investigates the origins and migrations of Mexican peoples in the United States.



AN INDIGENOUS PEOPLES' HISTORY OF THE UNITED STATES FOR YOUNG PEOPLE

The content presented in this book represents an American history not often addressed in young adult literature.



EL PASO FOOD VOICES

Yolanda Chávez Leyva is a professor of public history who works at the University of Texas at El Paso. As a historian, she examined how food re-connects people emotionally, physically, and spiritually.



BOWIE HIGH SCHOOL UNVEILS DELICIOUS MURAL ON LOCAL FOODWAYS

The mural is at Bowie High School in El Paso, TX. It is titled "Life Origins," Its inspiration is a combination of stories from people across the Paso del Norte region and Ai's experience as an Indigenous person and artist.

<https://www.youtube.com/watch?v=jlmuC8bFqi0&t=5s>



BOWIE CAFETERIA WORKERS - EL PASO, TEXAS

The El Paso Museum/History's archive has a section where El Pasoans can upload images. In particular, this image of cafeteria workers at Bowie HS. Bowie HS is located in Segundo barrio along the U.S.-Mexico area.



SALSA DE MOLCAJETE

Joaquin, an eleven-year boy, wrote the poem inspired by spending time in the kitchen with his grandmother.

Molcajete

It is quiet.

I put pieces of onion into the molcajete, as well as garlic to add flavor.

I listen to the sound of the molcajete as I crush onions in it.

The sound is calming.

Next I put small pieces of chili into it.

Then two tomatoes.

The chili pieces and tomatoes create new sounds in the molcajete.

I feel very connected to the food I am making.

I finish with a delicious salsa and a calm feeling.

Diana, Abuelita and I have black bean soup, the salsa I made and bread.

We all enjoyed a delicious meal and I came out with joyful experience that I would have never had if I never wanted to use a molcajete.

CHICOS TACOS (TAQUITOS) HISTORY

Chico's Tacos is a well-known small restaurant that serves rolled tacos at a low price. It's a local meetup/bonding place or midnight food after la fiesta.



COCINA CON ROSALBA

Cocina Con Rosalba cooks live on Facebook, where she sells food plates (platos). During her live feed, she cooks, and about 2.4 million of her followers connect with her daily. Her recipes join millions of people worldwide in companionship.

<https://www.facebook.com/rosalbamiranda63>



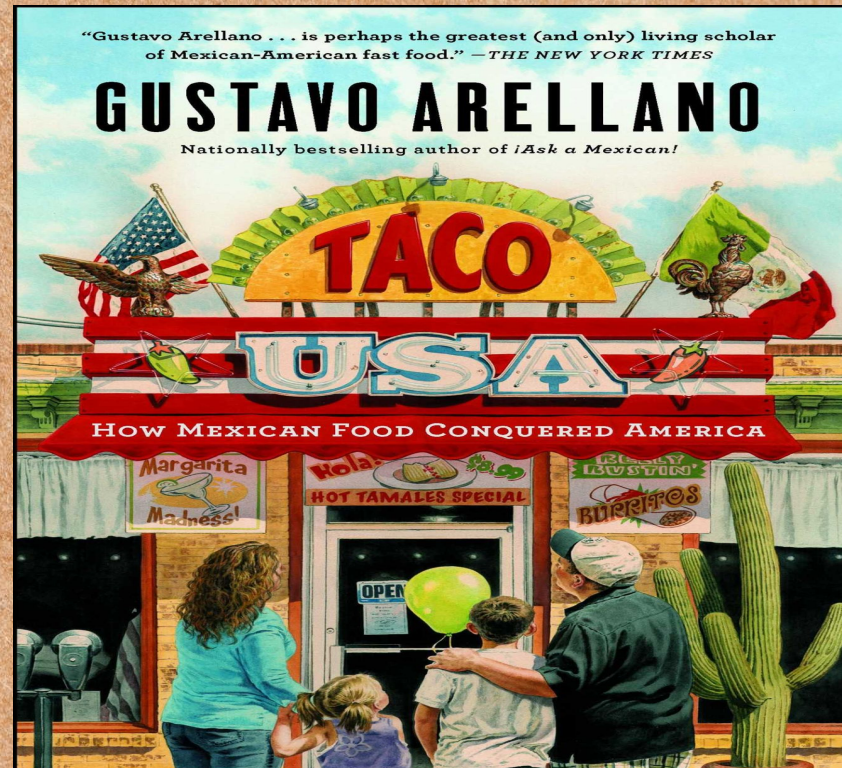
BURRITOS AT THE BORDER

Taste The Nation—"Burritos at the Border" depicts the people of El Paso through their food. Padma Lakshmi visits and gets a taste of the borderland, discovering the origins of America's most loved foods.



TACO USA

Gustavo Arellano discusses the evolution of el taco and how taco differs around the United States. He examines the history and culture of Mexican food in this country by tapping into great stories and mapping the cuisine's popularity in el Norte.

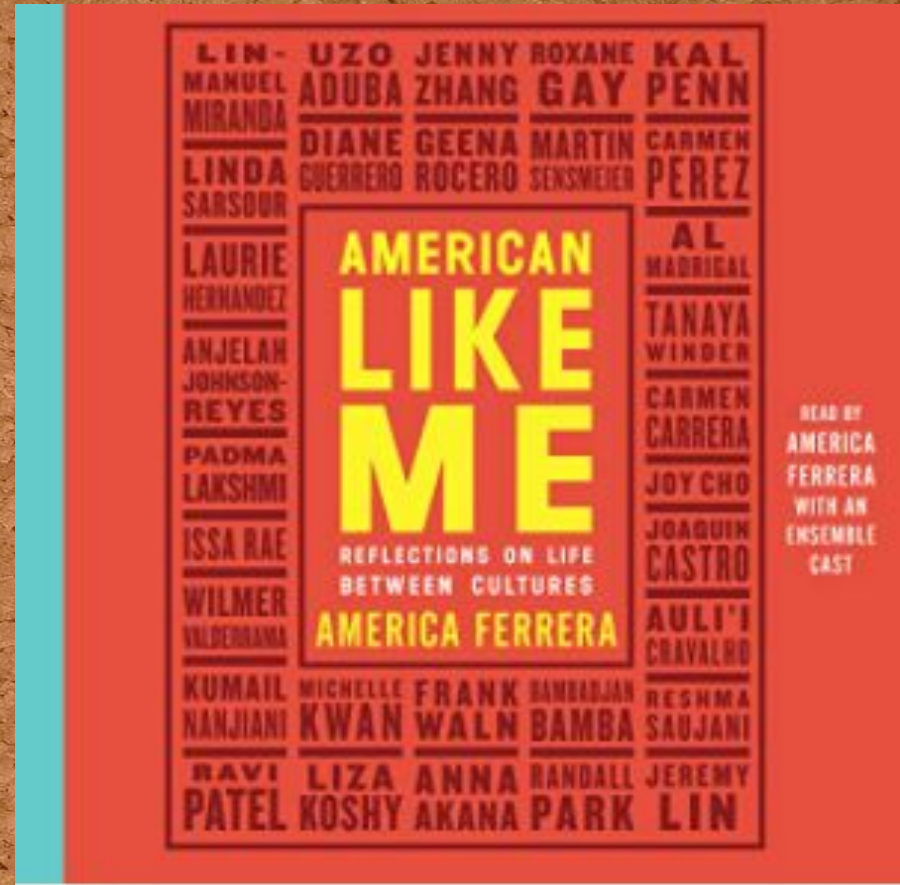


***CREATING HOME, CREATING COMMUNITY THROUGH
FOOD***

Middle School Text Set

AMERICAN LIKE ME
BY: AMERICA FERRERA

This multicultural anthology depicts the childhood experiences of actress and advocate, America Ferrera and her friends. Their stories tell their experiences of navigating between two different cultures-- the "American side and their ethnic side.



AVENTURA, AMOR, Y TACOS

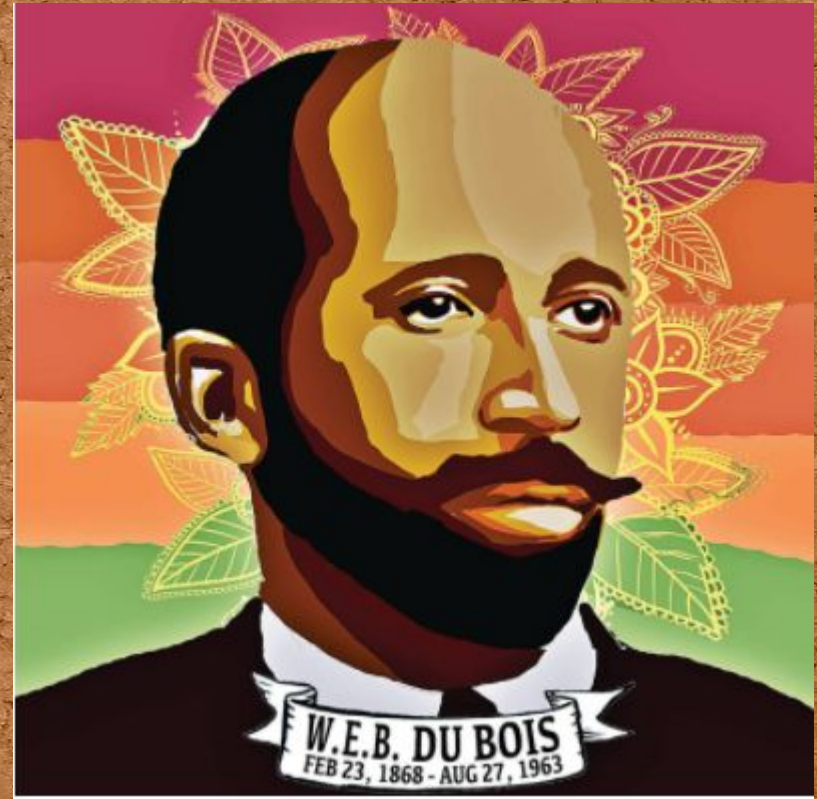
BY: MAIRA HERNADEZ

In “Eat, Pray, Love” style Hernandez documents her own experience of getting in touch with her roots by traveling to Michoacan, Mexico to understand herself better.



"AS GOES THE SOUTH, SO GOES THE NATION"

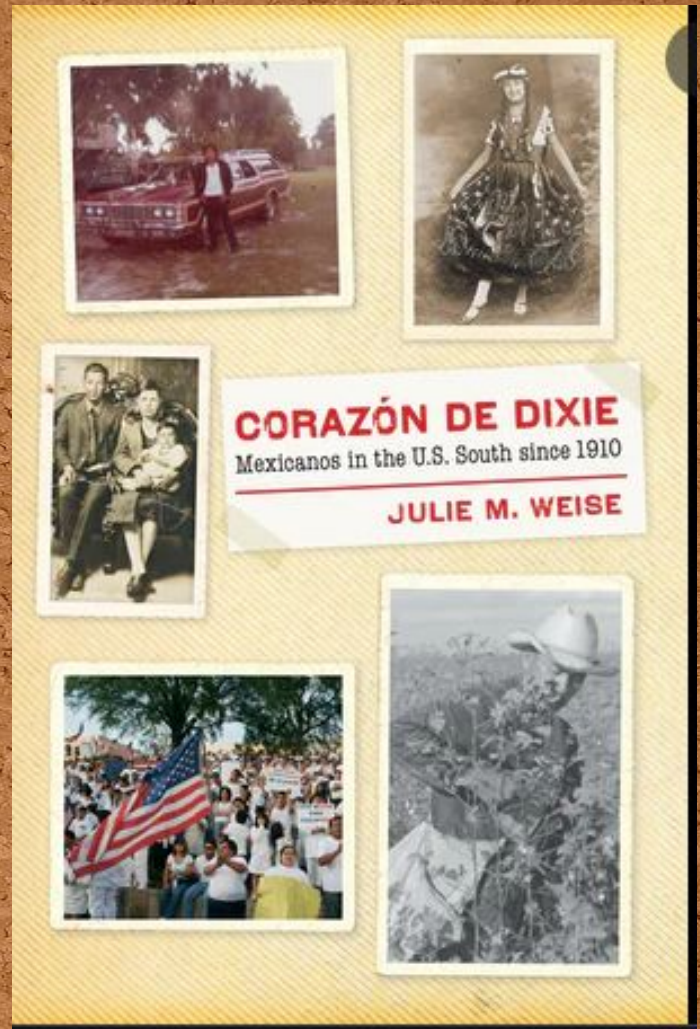
This quote expresses the way W.E.B. DuBois felt about the influence the South has on the rest of the nation. DuBois felt the way the south handled its' diversity would set the tone for how the rest of the nation did too. Thus, his advocacy efforts for fair treatment people of color.



CORAZON DE DIXIE

BY: JULIE M. WEISE

This book gives a detailed account of Mexicans and Mexican Americans in the South from 1910. This nonfiction text shows the historical journey Mexicans and Mexican Americans as they traveled to a new regions they had not been before.



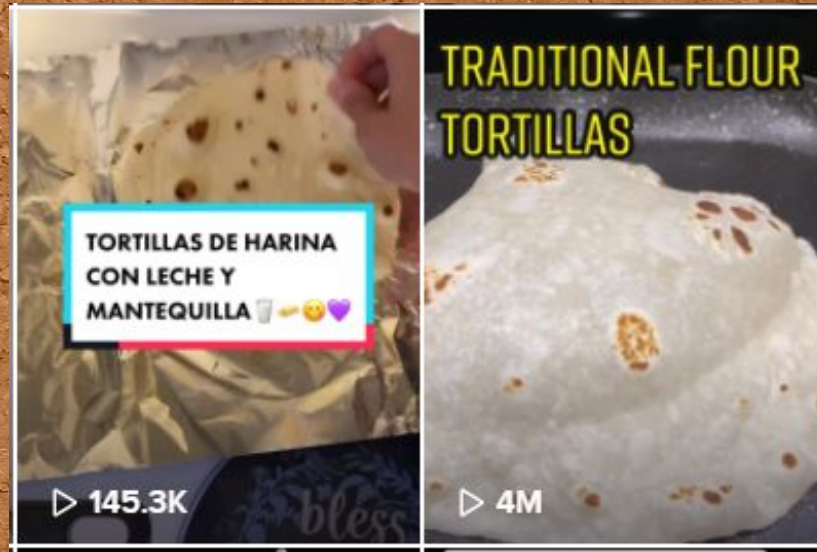
NUESTRO SOUTH PODCAST

This podcast chronicles being latinx in the South both in the past and present time frame.



Instagram





TikTok

These TikTok videos about making tortillas are a way to record oral storytelling. They depict the different methods these cooks use based off what traditions are handed down to them.

C.D.



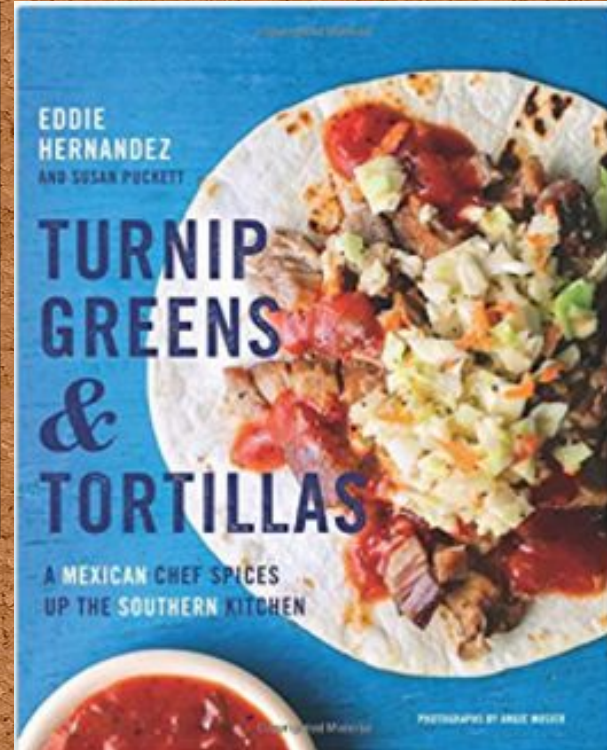
AMERICAN TACOS: A HISTORY AND GUIDE
BY JOSE R. RALAT

This book captures the evolution of tacos in the U.S. as they were brought with Mexican immigrants further in the U.S. The book shows that many Mexicanos took what they knew about their food and adapted it to their new surroundings.



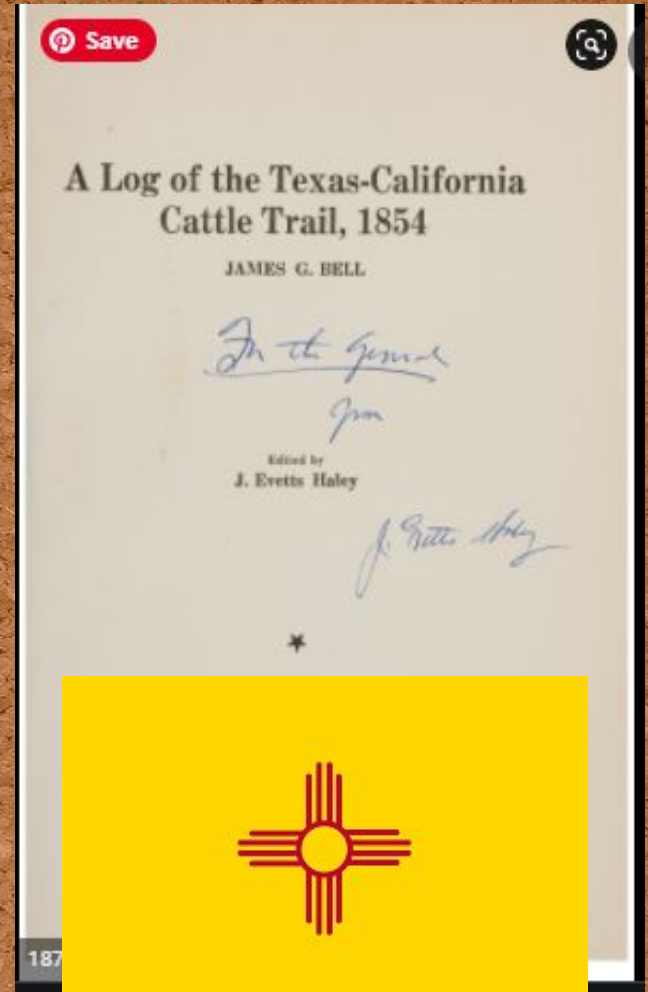
TURNIP GREENS & TORTILLAS BY EDDIE HERNANDEZ

As tacos have evolved, so too has Mexican food. This cookbook showcases a type of adapted Mexican food “Sur-Mex”--Southern Mexican. This type of cuisine is highlighted in “Turnip Greens and Tortillas” from Mexican Immigrant , Eddie Hernandez, who while adapting to his new home in the Southern region of the U.S. earned a James Beard nomination in the process!



A LOG OF THE TEXAS-CALIFORNIA CATTLE TRAIL 1854 BY: JAMES G BELL

In this log is documentation for the first sighting of breakfast tacos. Bell documents his encounters with Mexican people in New Mexico. He details their culture and traditions especially what he observes about their food and how Mexicanos change it.



BREAKFAST TACOS MURAL

This mural not only showcases my love for breakfast tacos, it also shows represents the region where I mostly grew up--San Antonio, Texas. In this mural, I see the parts of my culture that have come together to make something delicious and new.

